



THE DISTRICT

NOTES



DISTRICT 1: CONNECTICUT | MAINE | MASSACHUSETTS | NEW HAMPSHIRE | RHODE ISLAND | VERMONT

JANUARY 2021

Dr. Judi Fisch *Named ICD District One Distinguished Service Award Winner for 2021*

Dr. Judi Fisch of Vermont has been named the ICD District One Distinguished Service Award winner for 2021. Since there will be no Yankee luncheon this January Judi will be honored at our Luncheon in January of 2022. Upon hearing the news that she had been chosen for this award Dr. Fisch stated: "I was extremely honored and humbled when Eliot Paisner informed me I was the recipient of the District I ICD Distinguished Service Award. ICD is dear to my heart for its humanitarian initiatives and global collaboration of our profession. As a former District I deputy regent, I know that many dentists contribute tirelessly to the success of our profession, the healthcare we provide and the mission of ICD. I am incredibly grateful and privileged to receive this award."

Staying Positive in the Midst of COVID

ARE YOU KIDDING ME?



Dr. Robert Maguire

8 weeks; for others, it lasted a few months. During that time, we were bombarded with news alerts and information from the ADA, the CDC, and the WHO regarding Covid. Often, that information changed by the hour. Because of Covid, many of our existing protocols had to be changed, patient screenings now had to be done, and things like air filtration systems and PPE had to be purchased. Our expenses skyrocketed while our income plummeted. In addition, many of our patients had lost their jobs, and many, including our team members, had to juggle their work schedules or couldn't return to work because their children were now at home doing "remote

As Fellows in the ICD, we are leaders dedicated to maintaining high standards as we serve others and our profession. In addition, we care for the patients in our practices, and are the major producers of dental services. We also are tasked with managing our businesses and leading our teams. Essentially, we wear three hats. Often, doing the dentistry, or wearing the "producer hat," has been our first priority. Now, in the midst of the pandemic, I believe that the most important "hat" we need to wear is the "leadership hat." Let me explain why.

When Covid hit last March, dental offices were asked to shut down and only see emergency patients. The shutdown varied according to which state you lived in. For some, it lasted

Maguire - Continued on page 2

REGENT'S LETTER 2020

How proud I am to be the USA-ICD District One Regent and be associated with so many heroes in dentistry. This is especially true during this pandemic which has tried us all. I have seen so many examples of my colleagues "stepping to the plate" to help us all get through the Covid crisis. From donating PPE to hospitals and health clinics to adding psychological support to others, you have shown the world how gritty we are.

A typical ICD Regent's year includes committee and Board meetings and participating in the annual Convocation Ceremony. This year is different in that all the ICD business was conducted on a virtual platform. We made it work! The inducted class of New Fellows in 2020 missed the splendor of an in-person Convocation but had the opportunity to be inducted "in absentia" and experience a virtual Convocation. Although not quite the same, the Board went to great lengths to provide a meaningful virtual Convocation. Congratulations to all inducted New Fellows who have earned the respect of their colleagues to be nominated and elected to the College. You are a part of the most outstanding honorary

dental organization in the world. The recorded Convocation can be viewed on the ICD YouTube channel and the ICD Website.

It is the Board of Regents that conducts the business of the ICD but it is the District leadership who do the "boots-on-the-ground" work to help identify dentists who have demonstrated the criteria for Fellowship in the ICD and carry on with the day-to-day events. We are so fortunate to have this group of superstars: Deputy Regents Kevin Norige (CT), Barry Saltz (ME), Lisa Vouras (MA), Richard Vachon (NH), David Ward (RI), Richard Dickinson (VT); Vice Regent Jeffrey Dodge and Editor James Williamson. I would like to extend a thank you to them for their efforts, camaraderie, and friendship.



Dr. Eliot Paisner

Paisner - Continued on page 2

schooling.” In addition to all this, many dentists had a difficult time hiring new staff members due to a constricted applicant pool. Despite feeling overwhelmed and emotionally exhausted, we needed to press on. Is it possible to do this and still experience some semblance of positivity and joy? I believe the answer is “yes.” Here are a few things I’ve done and you can do too to stay positive and productive in the midst of this pandemic.

First, focus daily on what’s in front of you. According to Dale Carnegie, “living in day tight compartments” is the “best way to chase away the blues.” And as you choose to live “one day at a time,” you will want to stay current with the latest information regarding Covid, remembering that “knowledge is power.” As you lead your team and your patients, ask yourself, “What is the best decision I can make with what’s in front of me today?” In addition to obtaining the most current information, it’s important to truthfully share what you know with your patients and team. Keeping everyone informed and connected with the latest information is a great way to foster a feeling of well-being, a “we’re all in this together” attitude.

As you care for your team, make sure to check in with them more frequently than usual. As you do that, be a good listener and observe their body language and words to assess how they are doing mentally. In my opinion, having daily morning huddles and weekly team meetings are essential to keeping you and your team well connected. Remember, this pandemic is like a violent storm, tossing everyone around, filling them with fear, wondering if their ship is going to sink. Your job, as the leader of your practice, is to be their lighthouse, their guiding light, encouraging them daily. Be empathetic, listen to them more than ever, and reassure them that like the H1N1 pandemic of 1918 or the H2N2 virus of 1957, one day, this pandemic will end, and that together, not only will you survive, you will thrive as you look forward to better days ahead.

As I thought about the activities I do to help me stay positive, I came up with 30 items like: always be grateful, always say thank you, eat well,

get exercise, collaborate with colleagues, read inspirational works, and pray. I encourage each of you to come up with your own list of positive activities. Also, try to limit the amount of news you read or watch on the television! You want to keep “negative stuff” out of your brain.

They say that something good always comes out of something bad. As I reflect on how the pandemic has positively changed my life, the biggest thing it has changed is my perception of life. It’s helped me see what’s most important and appreciate the “gifts” I’ve been given.

My priorities and my perceptions have changed for the better, helping me to enjoy each and every day regardless of the circumstances that come my way. I am an avid hiker and, in the past, I’ve often referred to myself as a “goal-oriented hiker,” taking few breaks, and rarely stopping to take pictures. Since Covid, I now stop and take pictures of the beautiful vistas. I now stop for a few minutes and listen to the silence or take a deep breath of the beautiful fragrance of the balsam trees. Honestly, I enjoy my hikes more than I ever have in the past. This positive change has not just helped me in my physical world; it’s also helped me relationally, with my family and with the people I encounter at the grocery store, for example. I’m finding that since the pandemic and my “new perception of life,” I am more understanding and have more patience with others. I’m less reactive to unkind words or bad behavior; I find that I am more loving and care more about the needs of others. I call these my “Covid blessings.”

Remember, you are the leader of your practice and your people need you. Remember, that in order to lead your patients and your team members well, you’ll need to take care of yourself. Fuel yourself both physically and spiritually to keep your light shining brightly. And lastly, remember that “beauty will rise from the ashes” and in due time, like the pandemics of the past, this one will come to an end. And one last bit of advice... If at the end of your day you need to relax, unwind, and watch TV... I recommend that you watch Animal Planet. I wish you all the very best.

Robert Maguire, DDS

REGENT’S LETTER 2020

Paisner - Continued from page 1

What are some of the programs and activities ICD provides? You can explore these and other activities in the newly constructed website at usa-icd.org. Here is a partial list:

- Recognizing and honoring dentists who dedicate themselves to integrity, leadership, and service
- Free dental exam for Peace Corps volunteers
- Global map of humanitarian opportunities throughout the world
- Antibiotic awareness program
- International Student Experience - a professional and cultural exchange between dental schools in the USA and other countries
- Volunteer Seminar Series - Informing dentists how to become involved in humanitarian efforts
- Veterans Services - Operation Stand Down, Everyone for Veterans (more to come)
- “Take Ten” and “Live 45” interviews that are archived can be viewed through the ICD Website

To provide these services and obtain our goals as an organization we

must maintain a strong membership base by continuing to grow the ICD with new qualified Fellows who share our core values. Please think back to your induction and re-experience that “wow”; now consider nominating a deserving colleague for Fellowship.

District One continues to be an integral part of the College. Christine Benoit of Rhode Island, Past District Regent, has been appointed to serve as a Director of the ICD Foundation. Joseph Kenneally of Maine, Past President of the USA Section and Worldwide College is now the Worldwide Secretary General.

A victim of the pandemic is our District’s annual Awards Luncheon usually held on the Friday of Yankee Dental. This joyous event is a hallmark of the District, giving us a chance to greet new fellows and old friends and will not be held for the first time in 21 years. Please save the date for our next Awards Luncheon which will be held on January 28, 2022 when we recognize and honor our newest Distinguished Service Award recipient, Dr. Judi Fisch of Vermont.

Eliot Paisner,
Regent, District One

SPOTLIGHT ON SERVICE

Joseph G. Samartano, Jr., DDS — Rhode Island



Dr. Joseph G. Samartano

The first bullet point in the ICD USA Section states: “recognizes and promotes excellence in leadership with an emphasis on service.” As part of this issue, we would like to shine the spotlight on an ICD Fellow from Rhode Island – Joseph G. Samartano, DDS. Dr. Jeff Dodge suggested we tell you a little about this highly respected ICD Fellow and Rhode Island Dental Association member.

Joe was born in Meriden, CT, went to Grammar and High School in Providence, RI and stayed in RI to graduate from Providence College with a degree in Biology. He then went on to the Georgetown University School of Dentistry from which he received his DDS degree in 1967. Joe then went on to do an Internship at Buffalo General Hospital, followed by a Residency, both in Oral and Maxillofacial Surgery. He went on to practice from 1970 – 2005 in private practice as part of the Affiliates in Oral and Maxillofacial Surgery, Ltd. in the Providence area. Dr. Samartano spent most of his career closely aligned to Hospital Dentistry throughout Rhode Island but most particularly at Our Lady of Fatima Hospital and St. Joseph Health Center. At Our Lady of Fatima, he held about every position possible from staff to Chief, Division of Dentistry and of Oral and Maxillofacial Surgery. He has also been extensively involved with both the Pediatric and AEGD residents. He has received numerous awards for his service, his leadership, and his civic involvement, from Hospitals, NERB, the Rhode Island ICD and the Rhode Island Dental Association.

Joe has announced his retirement from clinical practice at St. Joseph Health Center and Our Lady of Fatima Hospital on January 31, 2021. True to form though, Joe tells me “he hopes to continue with some limited administrative duties to help maintain a dental presence in the hospital environment.”

I asked Dr. Samartano a couple of questions:

Q I understand you have had a long career in Dentistry - what keeps you motivated and eager to keep giving back to the profession by continuing to serve those who need your services?

“With every success and accomplishment, I think of my dad. He instilled in me the virtues of hard work and service to others. He was the one to whom many turned to for help and advice. He was the “go to guy”. With every accolade I say “Dad, this one is for you”.

Q What have been the most satisfying parts of your career?

“I take great solace in knowing that I accomplished many of my life goals, that I was able to provide a comfortable home and lifestyle for my family, an education for my children that enabled them to achieve successful careers and to make my wife proud and happy because without her support and guidance I would not have been nearly as successful.”

Q What advice would you give young dentists today?

“As each class of Pediatric Dental Residents completes their education, I always tell them that Dentistry is a great profession. It allows for a unique personal satisfaction, a comfortable lifestyle and respect amongst your peers and the members of your community. However, all of that comes with an obligation...an obligation to give back to your profession, to your community, to your family and to the underserved and those less fortunate”.

I often reflect on the words of the College President who spoke at our 50th year reunion. As he raised his two index fingers, he said “One of these fingers represents today; the other represents the day that you die.” As he slowly brought his two fingers closer together, he continued, “What is most important, what counts more than anything else, is what you do between these two days”.



Dr. Samartano with Dr. Jeffrey Dodge

Dr. Samartano, congratulations on your “second retirement”. Thank you for your service to your patients, your hospital community to all in need, and a special thank you for giving us a wonderful example of “excellence in leadership with an emphasis on service”.

James J. Williamson,
Editor – ICD-USA District One

“This is not the year to get everything you want. This is the year to appreciate everything you have.”

Author Unknown

As I write a few thoughts I am reminded that we are now well into our 9th month of the Pandemic, thankfully there is now an approved vaccine and I, as I am sure you are, am hoping that this light at the end of the tunnel will prove to be a turning point for our country. We are by nature a social society and normally the period after Thanksgiving is one filled with get-togethers, both large and small, with family, colleagues, friends, neighbors and such, but this year has been very different. I would ask you all to reach out to someone that you know is having a hard time, and make an effort to make their day just a little better; our values as Fellows in the ICD extend beyond the confines of dentistry.

Having participated in the Virtual Convocation on December 12, I would like to offer my sincere congratulations and to extend a virtual hand of fellowship to our new Fellows. It is a testament to the resolve of the ICD and our leadership that the "show must go on", and go on it did in our usual fashion. We all have faith that the day will come, sooner rather than later, when we can once again gather as a group in a more personal fashion and celebrate your many and varied accomplishments.

Much appreciation to Eliot for his leadership through these somewhat trying times, guiding us through the "new abnormal" with his regular Zoom meetings. To Jim for his timely and on point communications, thank you. Deputy regents Dave, Barry, Richard, Lisa, Rick and Kevin also deserve accolades as the drivers of the new fellow nomination process, which was ever changing and evolving this year, they all stayed the course and went with the flow.

I will leave you all with a quote from Matt Tenney, which I think sums things up very nicely, "A simple mantra for inspiring, effective, mindful leadership: cultivate piece of mind and go about doing good."

*In Fellowship,
Jeff Dodge,
Vice Regent, District One*

Dr. Jeff Dodge Honored



Jeffrey Dodge was honored as the Association's 2020 Distinguished Service Award recipient.

Jeff and his coworkers at CareLink Mobile Dentistry celebrated "socially distant" with cake and presentation of the award.

At the virtual annual meeting of the Rhode Island Public Health Association, held on November 12, ICD Vice Regent- District 1, Jeffrey Dodge was honored as the Association's 2020 Distinguished Service Award recipient. This award is presented to an individual who has made significant contributions to advance the public's health at a national, state or local level. Criteria based upon recognition by a group of professionals, public health peers long familiar with the development and advancement of public health in Rhode Island. Dr. Dodge was honored for his tireless work in dental education and providing dental care for underserved populations in Rhode Island.



2020 District One Leadership Dinner

Celebrating centennial of the ICD at District One Leadership Dinner at Yankee 2020

January 2020 Yankee Luncheon

Last January ICD-USA District One gathered for their annual luncheon during the Yankee Dental Meeting in Boston. Among our guests were ADA President-Elect Dr. Daniel J. Klemmedson and ICD-USA President Dr. James Setterberg. Dr. Robert Schreiber of CT was presented the 2020 ICD District One Distinguished Service Award during this meeting.



(Left) Dr. Robert Schreiber of CT poses with the ICD District One Distinguished Service Award Plaque (Middle) Dr. Eliot Paisner, District One Regent with ICD-USA President Dr. James Setterberg (Right) ADA President - Elect Dr. Daniel J. Klemmedson



ICD District One Yankee Luncheon

ICD District One Distinguished Service Award Winner
JUDI FISCH, DMD

Friday, January 28, 2022 at 12:00 Noon

The Lighthouse, Seaport Hotel, Boston, MA
Watch for further information.



The Horace Wells Club, which is dedicated to preserving the legacy of Dr Horace Wells and his discovery of Nitrous oxide analgesia in the mid-1800s, recently elected two new members who are also ICD Fellows – Dr. Bruce Cha and Dr. Tam Le, who is the current president of the CT State Dental Association. At the annual meeting in December (held virtually), the presidential gavel was transferred from one ICD Fellow Dr. Carolyn Malon to another ICD Fellow and immediate past Deputy Regent of CT Dr. Thomas Brady.

On another note: the CT State Dental Association is planning on a virtual meeting in May, with planning underway for the ability to socially connect. I will keep you posted. The content of Christine's work on opiates may be very appropriately included there.

Happy New Year!
Kevin Norige,
Deputy Regent - CT

MAINE NEW FELLOWS



C. Bradford Rand, DDS is in private practice in Brewer. Dr. Rand is a graduate of the University of Iowa College of Dentistry. Currently, Brad is the President of the Maine Dental Association. In 2013 Brad went on a dental mission trip to Guatemala and participates in several philanthropic activities including Sarah's House of Maine, Cancer Care of Maine, and Wishing Under the Stars. He serves as a Board member of his church.



Kyra Chadbourne, DDS is in private practice in Falmouth. She received her Bachelor of Science in Molecular, Cellular, Developmental Biology from Yale University and obtained her dental education at the University at Buffalo State University of New York where she also received her Advanced Education General Dentistry Certificate. Dr. Chadbourne serves on Boards of both the Maine Dental Association and Northeast Delta Dental. Kyra has also taught at several institutions and has yearly travels to Guatemala for dental outreach. Dr. Chadbourne participates with Donated Dental Services and Dentists Who Care for ME. An excellent dancer, she serves on the Board of "Dancing with the Dentists", a fun but competitive contest held in Maine periodically, with proceeds going to Maine dental charities.



Takashi Komabayashi, DDS received his dental degrees from Hiroshima University and the University of California San Francisco. Dr. Komabayashi practices endodontics in Portland and is Clinical Professor of Endodontics at the University of New England College of Dental Medicine. He is a scientific reviewer and/or sits on the advisory board of over a dozen national and international professional journals. Takashi also currently serves as Deputy Commander Clinical Operations in the US Army Dental Corps (Reserve) after initial enrollment as a captain in 2010.



Todd Peter Mellin, DMD practices Endodontics in Portland. He is currently volunteer clinical faculty at the Togus VA Center and has volunteered at the Penobscot Community Health Care Clinic. Dr. Mellin has served in the chairs of his component dental society and traveled yearly to Honduras for dental outreach from 1999-2001. He is a founder and current leader of the Portland Spear Study Club.



David C. Olivas, DDS received his DDS from the University of Texas Dental School San Antonio and is in private practice in Rockport. Prior to coming to Maine David was in private practice in Midland, Texas where he was a provider for the Junior League of Midland Dental Clinic, and also provided dental services in nursing homes. Once in Maine he served as Treasurer of the MDA and is a Consultant ADEX Board Examiner for the CDCA. Dr. Olivas has served the ADA tripartite in many capacities including Chair of the MDA PAC for nearly 2 decades and was an ADA Washington Grassroots member and Action Team Leader for 16 years.



Whitney R. Wignall, DMD received her DMD and Certificate in Pediatric Dentistry from the University of Florida. Dr. Wignall has served as a consultant regarding pediatric dental issues to the Maine Board of Dental Practice and her input and her office protocols served as the foundation for the Board as it rewrote the anesthesia guidelines for Sedation permits. Dr. Wignall helped the University of New England develop its pediatric dental program and serve as its co-director. Dr. Wignall is in private practice in Portland where she also volunteers with several humanitarian dental and non-dental programs.

Although this year was certainly stymied by the COVID-19 virus, we were still able to have a strong Fellowship class. Adding to our roster are Drs. Kyra Chadbourne, Takashi Komabayashi, Todd Mellin, David Olivas, Brad Rand, and Whitney Wignall. Congratulations to all!

As in years past we have several Fellows who serve in leadership positions in the Maine Dental Association (MDA), including current President David Kerr, Immediate Past President Brad Rand, Secretary Dean Tourigny, and Long-Term Delegate, Jonathan Shenkin. Lisa Howard is the current Treasurer of the Northeastern Society of Orthodontists.

The Maine Board of Dental Practice continues to have a busy year on many levels. It is an arduous task and a sincere thank you to all the board members with special recognition to our Fellows, Stephen Morse, Immediate Past Board Chair, and Mark Zajkowski, current Board Chair.

The University of New England College of Dental Medicine (CDM) shut down early in the pandemic as did clinics and private practices across the state. Since the Governor allowed dentists to practice again in the late spring, the CDM continues to see many underserved patients and plays a significant role in decreasing hospital emergency room visits. The CDM graduated its 4th class virtually this summer through well-orchestrated technology. Dean Jon Ryder, Associate Dean of Curriculum Integration and Analytics Nicole Kimmes, and several other faculty Fellows, Lionel "Pete" Vachon (GPL), Jay Beauchemin (GPL), Takashi Komabayashi, David Moyer, Barry Saltz, and Jeffrey Doss, continue to move the College forward along with other highly talented and skilled faculty and staff members. Katherine Heer participates on the UNE Board of Trustees.

Finally, I would like to recognize one of our own, a native of Biddeford, and newly appointed Secretary General of the ICD, Joseph Kenneally. Joe has been involved in organized dentistry since the start of his profession and took a leadership role as component President in 1985. I personally got to know Joe when I became part of the MDA Board in 1994. I am honored to call him a friend and mentor, someone who continually gives from the heart and has devoted his life to his profession and helping others.

Joe's eight-page CV does not do justice as one really has to know him to fully appreciate all his accomplishments. A very brief synopsis of his long list of accolades includes tenure as the ADA Vice President, multiple ADA Council positions several of them as Committee Chair, MDA President including nearly all officer positions along with multiple Chair Council positions, and of course the ICD where early on he became the State's Deputy Regent. He has held 17 other ICD

regional and national positions culminating as International President in 2015 and then USA Section President in 2018. He has received numerous honors and awards. Joe has also published and presented countless times nationally and abroad.

Moreover, Joe has always given back both professionally and civically through community involvement. His philanthropic acts cover all realms, from serving on multiple civic boards, to coaching sports, volunteering at multiple dental clinics and programs, and of course, mentoring at all levels. He was even a road commissioner for several years.

Dr Kenneally truly is the gold standard to which the bar of excellence is set. Joe, keep up the great work in your new position with the ICD. We all wish you well along with continued success and happiness!

Barry C Saltz,
Deputy Regent-ME

MASSACHUSETTS NEW FELLOWS



Meredith Bailey, DMD currently practices and resides in Boston. She is a 2006 graduate of Case Western Reserve University School of Dental Medicine and did her Residency at UConn. Dr. Bailey has been in private practice and has worked at Fenway Health and at the Boston University Dental Health Center in Boston. Earlier in 2020 she became a Group Practice Leader in the Department of General Dentistry at the Henry M. Golden School of Dental Medicine. Meredith is a Fellow in the American College of Dentists and the Pierre Fauchard Academy. She has been continually active in the ADA and the Massachusetts Dental Society and has won many awards from the MDS. She is currently the MDS Vice-President.



Todd Belfecker, DMD did his undergraduate work at Indiana University and graduated from Tufts University School of Dental Medicine in 2005. He currently practices in Revere, MA and resides in Marblehead. He has been a highly active member of the Massachusetts Dental Society since 2005 and was awarded the MDS Under 10 Award in 2008 and the Volunteer Hero Award in 2015. Todd was the President of the North Metropolitan District Dental Society from 2008 – 2010 and elected again to this position in 2019. He has also been active at Yankee and will be the General Chair in 2022. He is also a member of the Marblehead Board of Health. When not involved with dentistry he enjoys skiing, sailing, kayaking, photography, reading and movies.



Sami Chogle, DMD received his BDS degree from Karnatak University in India and his DMD, MSD, and CAGS from Case Western Reserve University. He is a Board-Certified Endodontist and currently is an Associate Professor of Endodontics and the Chair of Endodontics at the Boston University Henry M. Goldman School of Dental Medicine. Dr. Chogle currently resides in Malden, MA.



Gregory P. Kosmidis, DMD received his BA in Chemistry from BU in 1997, his Master of Business Administration from UMass in 2000 and his DMD from Tufts in 2004. He has been in private practice in Cambridge since 2004 and since 2010 he has been involved in dental education at Tufts University School of Dental Medicine, specifically on the Clinical Faculty in the Department of Restorative Dentistry, the Department of Comprehensive Care and the Department of Post-Graduate Prosthodontic Dentistry. Dr. Kosmidis is active in his local Business organizations and has volunteered in Global Service Learning in the Dominican Republic and Peru. He is also a pilot of single engine airplanes.



Vasiliki Maseli, DDS, MS received her DDS degree from the University of Athens School of Dentistry in 2010 and her MS from the University of Michigan School of Dentistry in 2014 and in 2020 she received her Master of Education in Educational Leadership and Policy Studies from the Boston University Wheelock College of Education and Human Development. Dr. Maseli has been a Clinical Professor at the University of New England College of Dental Medicine, a Teaching Instructor at the University of Michigan School of Dentistry and is currently a Clinical Assistant Professor at Boston University. She is an active member of the Massachusetts Dental Society, the ADA, along with many other dental organizations. Dr. Maseli has also spoken at many Dental meetings and written extensively. She currently resides in Boston.



Stephen William McKenna, DMD is a graduate of the College of the Holy Cross and a 1987 graduate of the Tufts School of Dental Medicine. He is a practicing Orthodontist in Feeding Hills, MA and resides in Longmeadow, MA. Dr. McKenna has been an active member of the MDS and the ADA throughout his career, serving as a MDS Trustee and ADA Delegate to the House of Delegates. He has also been active in the MA Orthodontic Association, the Northeastern Society of Orthodontists, and is a Fellow in the American College of Dentists and the Pierre Fauchard Academy. He is a past officer of EDIC and has also been active in his community. Dr. McKenna, in his spare time, enjoys fishing, skiing, tennis and platform tennis.



Andrew Miller, DMD is a 2012 graduate of the Boston University Henry M. Goldman School of Dental Medicine and completed his AEGD and CAGS in Endodontics from BU. He is a Clinical Assistant Professor at BU and currently is the Director, Predoctoral Endodontics at the school. He has been an active member of several Dental organizations, including the Royal College of Dentists in Canada, the American Board of Endodontics, the American Dental Education Association, and the Massachusetts Dental Society. He has lectured at several dental meetings and published numerous papers. Dr. Miller currently resides in Newton Highlands, MA and has been involved in many community activities.



Dr. Debashree Saxena received her BDS degree in 2006 from the Sardar Patel Institute of Dental and Medical Sciences in Lucknow, India and her DSC in Oral Biology and CAGS in Periodontics from Boston University in 2016. She currently is a Clinical Assistant Professor in Periodontology at BU, and works in a local health clinic. She has lectured to various dental groups and published in various journals and received numerous grants for research. Dr. Saxena loves to cook in her spare time and enjoys painting, while also staying active by swimming and playing badminton. She resides in Auburndale, MA.



Tina Valades, DMD is a 1984 graduate of the Boston University Goldman School of Dental Medicine and is the Dentist Manager of the Teamsters Union Local #25 Health and Welfare Services in Charlestown, MA and resides in Winchester, MA. She is also an Assistant Clinical Professor at the Boston University Goldman School of Dental Medicine. Dr. Valades has received various awards for her teaching and her community service and has actively participated in student recruitment to Dental School. She is also an active member of the MDS and the ADA and has been an outstanding fundraiser for the American Cancer Society and the MS Society while doing dental screenings for the Special Olympics for 20 years.

“Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so we may fear less.”

Physicist Marie Curie



Miles and Smiles Boston Marathon Jimmy Fund Walk Team have raised over \$50,000 for the Jimmy Fund. Led again this year by co-captains Janis Moriarty and Pelly Chang. Congratulations to all who participated this year, albeit virtually.

Dr. Raymond Martin became Major and Chief of Dental Service in the Massachusetts Air National Guard at Otis ANGB on Cape Cod. He also currently serves as the Speaker of the House at the Massachusetts Dental Society House of Delegates.

Massachusetts Dental Society-Janis Moriarty concluded her presidency in July of this year. Dr. Mary Jane Hanlon and new Fellow

Meredith Bailey are currently President and Vice President respectively. Yankee 2021 General Chair is Cherie Bishop. We, again, helped fund the prize winners for this year's Poster Sessions at Yankee Dental 2020.

Lisa Vouras,

Deputy Regent - Massachusetts

Lisa Vouras, who has served as Deputy Regent in Massachusetts since 2014, has decided to pass the baton to Celeste Kong. Lisa has done a great job in this role and was always exceptionally helpful in organizing the annual Yankee Luncheon. We thank Lisa for her contributions to ICD District One. We welcome Dr. Kong as our new Deputy Regent for Massachusetts. Her contact information can be found on page 11 of this issue.

NEW HAMPSHIRE NEW FELLOWS



Lance R. Miller, DDS received his BS degree from BYU in 2004, his DDS from University of North Carolina Chapel Hill in 2008 and his MS in Orthodontics from St. Louis University in 2010. He has practiced Orthodontics since then in Keene, NH where he also resides. Dr. Miller is an active member of the ADA and the AAO. He is a Board member of Dental Health Works in Keene, is the founder of The Smile 4 a Lifetime Foundation in Keene/Brattleboro and participates in numerous humanitarian efforts worldwide. In his free time, he enjoys skiing, hiking, golfing and is the organist in his church.



Michael J. Paisner, DMD is a 2002 graduate of the University of New Hampshire and 2010 graduate of the Tufts University school of Dental Medicine. Dr. Paisner practices in Nashua, NH, volunteers and is the Board Chair of the Nashua Dental Connection, while residing in Nashua. Mike is an active member of Organized Dentistry and has received his MAGD from the Academy of General Dentistry. He has gone through the chairs of the Greater Nashua Dental Society and is currently Chair of the NHDS Council on Membership. Mike is the son of Regent Eliot Paisner.



Tara Levesque-Vogel, DMD practiced Dental Hygiene in her family's practice before receiving her DMD degree in 2002 from the University of Pittsburgh School of Dental Medicine. She has been in private practice in Nashua, NH since 2002 where she also resides. Tara has been an active member of the New Hampshire Dental Society and the ADA since 2002, a member of the Board of Directors, House of Representatives of ADEX and a Captain Examiner for CDCA since 2012. She is a Past President of the New Hampshire Board of Dental Examiners. In her spare time, she volunteers at her childrens' schools and enjoys Yoga, weightlifting and travel. She is honored to be a part of the ICD.



James Dale Spivey, DDS received his DDS degree in 1987 from the University of Michigan and his MS in Periodontology from the University of Iowa in 1990. He was an Associate Professor in Periodontics at the University of Iowa College of Dentistry from 1990 until 1995 when he began his full-time Practice in Portsmouth, NH. Dr. Spivey resides in Exeter, NH. He is a member of the ADA and since 2018 has been a Trustee in the American Academy of Periodontology. His goals involve working with the dental community to expand the concept of interdisciplinary health care, which encourages dentists and physicians to collaborate with periodontal specialists to provide comprehensive diagnosis and treatment.



Jeffrey Richard Vachon, DMD is a 2002 graduate of Bates College and a 2010 graduate of the Tuft University School of Dental Medicine. He currently practices in Manchester and resides in Bedford. Jeff, in addition to private practice, also practices in a Community Health Center at Catholic Medical Center in Manchester, NH. He also received his FAGD in the Academy of General Dentistry in 2017 and completed his MAGD in 2020. Dr. Vachon is very active in the NH Dental Society, where he is currently a Trustee, and in his local component, having served as President there in 2014 – 2015. Jeff is the son of Deputy Regent Rick Vachon and is an avid hockey and baseball fan.



INTERNATIONAL COLLEGE OF DENTISTS

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It has been a rather quiet year for ICD activities due to the pandemic. We did have five New Fellows inducted into the ICD at our virtual Convocation held in early December. Information on each of the new fellows is presented in this issue. In other news, new fellow Jeff Vachon received his Master Fellowship from the AGD this year. Jeff was also the Chair of the Task Force for re-opening of practices for the NH Dental Society. Fellow Joshua Osofsky is currently the President of the NHDS, and Rich Rosato continues as First District Trustee at the ADA.

We were also saddened to hear of the passing of fellow Don Johnson of Peterborough. Don was a mentor to so many in New Hampshire and was co-founder of the Association of Retiring Dentists with Neil Hiltunen.

Rick Vachon,
Deputy Regent - New Hampshire

RHODE ISLAND NEW FELLOWS



C. Matthew Forster, DMD received his BS degree in 1995 from Union College, his DMD from UPenn in 1999, completed an AEGD in the US Navy in 2000 and a Certificate in Orthodontics from UPenn 2004. He served in the US Navy from 1996 – 2004 and has been in private practice in Newport, RI since 2004.

Dr. Forster resides in Portsmouth, RI. He has served as President of his component society and is a Delegate to the ADA. He has been an active participant in the Mission of Mercy and the Special Olympics.



Brendan Gouin, DMD is a 2005 graduate of the University of Rhode Island and he received his DMD degree in 2009 from the Tufts University School of Dental Medicine. He practices in his family practice in Charlestown, RI and resides in South Kingstown, RI. He is an active member of the AGD, the South County

Dental Society and the Rhode Island Dental Association. Brendan has also been an Adjunct Professor in Radiology at Tufts since 2009. He participates in “Dentistry from the Heart” and is known as an accomplished snowboarder and award winning Videographer.



Laila Kafi, DMD received her BA in Psychology from the University of California, San Diego in 2002, her DMD in 2007 from the Boston University Henry M. Goldman School of Dental Medicine, received her AEGD in 2008 and completed her CAGS in Endodontics in 2012 at BU. She practices Endodontics in

Providence and also resides in Providence. She is an active member in Organized Dentistry and currently serves as President of the Northern District Dental Society in Rhode Island. Dr. Kafi has served as a volunteer at the Mission of Mercy and is active in her childrens’ schools as a volunteer. In her spare time, she enjoys cooking, fitness and learning more about proper nutrition.



Gregory Warne, DDS received his BS degree in Natural Sciences from Muhlenberg College in 1987, his DDS Degree from Columbia University School of Dental and Oral Surgery in 1991, completed a General Practice Residency at the East Orange VA Center in New Jersey and received his Certificate in Endodontics in 1994 at

Columbia. He has practiced Endodontics in Central New York since 1994 and is currently practicing in Charlestown, RI while residing in Westerly, RI. Dr. Warne is an active member of the ADA and the American Association of Endodontists. He is a volunteer CPR/AED Instructor and as a volunteer fireman he cofounded a group called the “Rescue Water Swimmers. Dr. Warne participates annually in the RI Mission of Mercy.



Yvonne Margaret Wolny, DMD received her BS degree from Rhode Island College, her DMD degree from UConn School of Dental Medicine in 1999 and completed a GPR in 2000 at St. Mary’s Hospital, Waterbury, CT. She has been involved in hospital dental practice for all of her career. Since 2004 has been an attending

in the Pediatric Dental Residency Program at St. Joseph Health Center in Providence. Dr. Wolny is also a dental consultant at Blue Cross Dental in Providence. Dr. Wolny resides in Woonsocket, RI and is an active community volunteer especially in the sport of soccer where she and her family continue to oversee and organize the Cracovia soccer league- which her father and mother started over 40 years ago, with the aim of bringing the sport of soccer to the underserved.



It has been a difficult year for most everyone, especially for organizations. They have been unable to meet and thus there is truly little to report. I just finished 2 years as the President of The New England Academy of Cosmetic Dentistry, an affiliate of the AACD. See elsewhere in this Newsletter to read about Dr. Joseph Samataro and Dr. Jeff Dodge.

Dr. David Ward
Deputy Regent – Rhode Island



Rebekah Lucier-Pryles, DMD received her DMD from Tufts University School of Dental Medicine. Rebekah is in the private practice of Endodontics in White River Junction and currently serves on the Board of the Vermont State Dental Society as Secre-

tary. Rebekah was recently honored by the ADA as one of the winners of the Ten Under 10 award among all dentists in the US. Dr. Lucier-Pryles has authored numerous publications and lectured extensively throughout the world. She is an active member in her community, offering free care at the Red Logan Clinic.

NEWS FROM VERMONT

Our New Fellow Honored by the ADA

Dr. Rebekah Lucier-Pryles, of White River Junction, Vermont, is among the recipients of this year's 10 Under 10 awards, which recognizes new dentists who demonstrate excellence early in their careers. Dr. Lucier-Pryles co-founded Pulp Nonfiction Endodontics, an educational collaborative that provides evidence-based endodontic continuing education. She is also a postgraduate department assistant clinical professor at Tufts University School of Dental Medicine and teaches at the Harvard University School of Dental Medicine.

Looking to have a more direct impact on people's lives, Dr. Rebekah Lucier-Pryles found herself in pursuit of a career in dentistry after a conversation with a friend's parent. And after spending some time at their practice, Dr. Pryles soon began her journey into dental school and discovered endodontics to be, "a beautiful mix of emergency diagnostics and really collaborative care".

"I remember my second year at Tufts, sitting in an endodontics class, and just having a really good time," Dr. Pryles said. "I was engaged. I was interested. I just really enjoyed what I was doing clinically. And thinking to myself that I didn't realize work could be that enjoyable. And it was that moment that sent me down the path to endodontics. Just realizing that I could have fun."

And in 2013, after completing her postdoctoral program in endodontics at Tufts University, she committed herself to the field.

Since graduating, Dr. Pryles divides her time between private practice and teaching at both Tuft's post-graduate endodontics residency and Harvard University. In her practice that she co-owns with business partner, Dr. Brooke Blicher, she focuses on root canal therapy and endodontic treatment. Dr. Pryles stated that she is grateful to have found Dr. Blicher and that they have, "crafted a clinical practice that provides what I think is exceptional care to patients."

"Just to be able to work with her daily makes me incredibly proud of what we have done together," she added. "And I am excited to see what happens next."

Reflecting on meaningful partnerships, Dr. Pryles notes the relationship she has with the physicians at the local hospital.

"We have developed an inter-professional practice with the ENT practice and neurology because so many of the pain syndromes and sinus conditions that show up have a dental component," Dr. Pryles

said. "We have educated the physicians on what we do and have been able to refer patients in need of service to them as well."

Another collaboration that Dr. Pryles is proud of is being a part of the Vermont Dental Society's COVID-19 response team along with their executive board.

"[The team] worked incredibly close together during the dental shutdown to communicate what was going on to membership, as well as helping them to get necessary PPE, and helping Vermont dentists respond to this challenging experience," she said. "I helped dentists from all over the state with this and feel that it is something that I'm really proud of. It's work that is continuing and it's just great to have people to rely on to do that."

As for how endodontics has changed her, Dr. Pryles said it has made her feel more confident in her clinical and diagnostic abilities.

"I have fallen more in love with dentistry and it has been confirmed as the right choice for me," she said, adding she has learned how people can be energized by their career rather than just being satisfied. "In both clinical practice, academics, and in organized dentistry, I enjoy all of the aspects. It's been a really fun surprise."

"I get to go into the office and help others feel better in a very real and meaningful way," she said on how she has affected the lives of her patients. "So whether it's providing that care for my patients or teaching the residents how to provide that care in a compassionate way, it's a really lovely feeling to have such a direct impact on somebody's life."

Along with her patients, Dr. Pryles has also found great joy in teaching.

"Teaching right out of school has been an incredible experience and the relationships that I have developed with the residents is something that I really value," she said. She advises fellow dental professionals to consider even part-time work in academics because it can have an incredible impact on dentistry and dental practitioners and help more patients as a result.

Looking into the future, Dr. Pryles said, "Professionally, I think the future holds continued clinical practice. It will be really interesting to see how part-time educators fit into dental education now and in the future, especially with what's going on with COVID. And I certainly hope to be a part of that change."

Outside of her professional life, Dr. Pryles is married and has two children, and says of their future, "I'm really excited to see my family grow, I have two small kids, a four-year-old and a nine-month-old and I am excited to see what they become in their lives."

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*The USA Section of the International College of Dentists,
as part of the preeminent honor society for dentists in the world:*

- Recognizes and promotes excellence in leadership with an emphasis on service,
- Provides support to our Fellows and respect for our peers,
- Addresses oral health needs and education throughout the world, and
- Fosters an atmosphere of collaboration with those who share our values.

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JANUARY 2021
ICD/USA District 1

James J. Williamson, *Editor*
Eliot L. Paisner, DMD, *Associate Editor*

UPCOMING EVENTS

ICD DISTRICT 1

WWW.USA-ICD.ORG

RIMOM
Fall of 2021
Specific date to be Announced

ICD/USA Convocation
October 12, 2021
Hopefully Live in Las Vegas

ICD Awards Luncheon
Friday, January 28, 2022
12:00-1:45 PM
Seaport Hotel, Boston, MA

CTMOM
Unknown at this time

DENTALPALOOZA

We want the dental community to have the opportunity to gather in person in 2021 and Dentalpalooza will be the event where it all happens.

The Lawn on D in Boston is the perfect environment to come together and collaborate with your colleagues on **June 4, 2021**. At this jam-packed outdoor event, filled with fun, learning, and excitement, dental professionals can engage and network with close to 100 exhibitors.

There will be a variety of continuing education courses taught by leading industry visionaries. After learning and collaborating, Dentalpalooza provides just the right setting to kick back and enjoy a drink, have a bite to eat from one of the food trucks, or play a game and reconnect with your friends.

Registration will open in April 2021.
Be sure to visit yankeedental.com/dentalpalooza for updates

ICD/USA CONVOCATION

2021
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